## Home Support

For people who are not able to come to the Day Centre, or may prefer their own home, we can provide fully trained Sitters to sit with your loved one.

As each situation is different, we try and work out with the carer the most appropriate use of time spent with the dependent, to devise a range of activities which will be enjoyable and stimulating, or simply talk. Special needs are discussed and an individual plan is agreed with the carer. If the carer agrees, this could also include occasional outings to parks and gardens as well as short walks or car rides.

This can be from a few hours to several hours and enables the carer to leave the house and have a well deserved break.

We carefully match the sitter
to the dementia sufferer
where it is hoped
a friendship will develop

#### Other activities

The **Dementia Café** meets on the first Saturday of each month, from 10.30am to 12 noon, with refreshments and a social event.

Singing for the Brain meets every Friday from 10am to 11.30am with refreshments and musical activities.

Both events are free, and are open to carers and those they care for. No booking is necessary – just turn up and enjoy yourselves at Brierley House.

#### How to contact us

Most referrals come via the Community Care teams but some carers are referred by their doctors or friends, or make the initial contact themselves – all are welcome and will be treated confidentially.



Peggy Dodd Centre Brierley House, Summer Lane, Combe Down, Bath BA2 5JX

Telephone: 01225 835520

S.P.A (Peggy Dodd) Bath | Registered Charity No 1058294

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Supporting those with memory loss and their carers







www.peggy-dodd-centre.org.uk

## What is Peggy Dodd?

Peggy Dodd is a registered Charity which works in the Bath area to help people suffering from confusion and memory loss and to support the people who care for them.

People with Alzheimer's and other dementia illnesses require constant help and care, day and night, if they are to be kept safe and well.

#### Our aims

Peggy Dodd exists to help people with memory loss and to provide some respite for carers. We provide companionship and stimulation for the person with dementia whilst keeping them safe and comfortable. We provide support for the carer and contribute to the care plans of the person with dementia.

#### How are we funded?

We receive a grant from Social Services which pays part of our staff costs at the Day Centre, but all other costs are met by fund-raising and voluntary contributions. Every penny is used for the benefit of our clients as some administrative tasks and all fund-raising are done by volunteers. Clients who come to the Day Centre pay a small daily fee towards the cost of lunch and refreshments, transport and resources, and the balance of staff costs.

## Home Support cost

Our Sitting Service does not receive a grant from Social Services. This means that our costs have to be passed on to clients. As we are a non-profit making organisation, we are still able to provide our services at rates that are substantially less than those charged by commercial organisations.

- Charges are made depending on the number and timing of hours sat.
- Our basic hourly rate is for the first 6 hours per week sat before 6pm.
- Our highest rate is for hours sat in excess of 6 per week, or after 6pm, or at weekends and Bank Holidays.

The carer just has to sign the Sitter's claim form and a bill is sent at the end of the month.

Why not call Chris Perrin, the Home Support Manager, on her mobile 0788 936 3789, or email her at chris. peggydodd@gmail.com and find out how Peggy Dodd can help you?

There is more information on our website at www.peggy-dodd-centre.org.uk

# Become a Volunteer or Friend of Peggy Dodd

Help us to help those with memory loss and their carers. We could not provide the service we do without a lot of help from our Friends and Volunteers.

## Become a Home Support Sitter

If you would like to become a Sitter, which is a paid role, you will receive full training at the day centre and on appropriate courses.

Sitters will go and sit with clients in their own homes – chatting, some form of activity, and socialising for a minimum of 2 hours at a time. A commitment of 2 or more hours per week at a regular time is required. Those who do this work for us find it very rewarding.

## Help us by fund-raising

We have a group of supporters who fund-raise for us (the Friends) and also assist at our donor events. If you have the time, we have the need.

## Help us financially

We rely heavily on gifts and donations to support our work and as a charity, if the donor is a tax payer, we can recover tax on the donations under Gift Aid. Details of this are available from the Company Secretary, David Hughesdon.